

# **Volunteer Program Guidelines**

**Apricot Lane Farms Operations LLC** 

Job Title: Volunteer

Program Manager: Jamie Kook, Farmers Market Manager

Objective: To provide opportunities for local community members to volunteer for our regenerative farm

and support select Farm Teams and operations.

## **Volunteer Opportunities & Responsibilities**

#### Market Garden and Packhouse

- Assist in general garden maintenance; which includes:
  - Planting and caring for seasonal varieties of fruits and vegetables
  - Digging and preparing of beds
  - Watering
  - Hand-weeding, hoeing, staking, pruning and deadheading
  - Cleaning and tidying up the area in and around the garden
- Assist with packing and distribution of harvested produce
  - Pick, sort, grade and pack all produce that comes from the orchards and/or garden for distribution
  - o Assemble packing crates

### Farmers Market / Farm Stand

- Work Farmers Markets and Farmstand shifts
- Load vans at the farm prior to the market, set up at the market, load vans at the end of the market and unload back at the farm at the end of the day.
- Organize and refill products and supplies

#### Fertility Center

• Assist the Fertility program on an approved basis by our Director of Soil & Plant Fertility.

#### Events

Assist with on-farm Tours & Events, as needed

### Please note:

- Volunteers will be assigned assignments based on business and/or department needs.
- We do not offer volunteer opportunities for our Livestock and Poultry Departments.
- All Volunteers need to sign a Release of Liability Agreement.
- Applying to the program does not guarantee a volunteer position

## **Characteristics, Training & Experience**

Volunteers must be enthusiastic, motivated and willing to learn. They should have an interest in working with people and learning about regenerative and biodynamic farming. Experience or education in farming, education, environmentalism, or teaching can be helpful, although not required. Volunteers must be 18 years or older and be reliable and punctual. Volunteers must:

- Commit to at least two 3-hour shifts per month
- Be comfortable working outdoors in varying conditions (hot, cold, rainy, windy, etc)
- Be on their feet (physical labor)
- Be able to lift a minimum of 50 lbs

#### **Benefits**

Volunteering is an opportunity to connect to your community and contribute to making it a better place. Even helping out with the smallest tasks can make a real difference to the lives of people,



animals, and organizations. Apricot Lane Farms volunteers will:

- Meet and work with individuals who have similar passions and interests
- Get a good day's workout by participating in physical activities outdoors
- Have access to overflow produce (not Staff Eggs)
- 15% discount to Farm Stand Produce
- Fulfill school required units in Agriculture Industry

## Schedule:

Market Garden and Packhouse	Farm Stand / Farmers Market	Events
Mondays - Fridays (7:00 - 11:30 am)	Weekends (10:00am - 3:00pm)	As needed

## **How To Participate:**

- If you're interested in participating in our volunteer program, please fill out this form and include a brief bio and why you would like to participate in the program.
- Please no drop-ins or phone calls